

Central Ohio Area Service Committee Meeting Minutes
14 December, 2025 (over Zoom)

NOTE: Please have new Group Service Representatives arrive at least 15 minutes early for a brief New GSR Orientation from Outreach

Meeting called to order at 2:00 P.M.

Serenity Prayer recited

Service Prayer read

The Twelve Traditions of Narcotics Anonymous read

The Twelve Concepts for NA Service read

BACK TO GROUPS:

- Motions
 - NONE
- Nominations for open ASC positions:
 - NONE
 - Responsibilities described in the [area policy manual](#)
 - Open positions at the area level include:
 - Vice Secretary
 - Vice Treasurer
 - RCM
 - Alternate RCM
 - Office Chair
 - WSR Chair
- Nominations for open Ohio Region positions:
 - NONE
- Action items
 - Enjoy our Convention
 - Survey from [NAWS](#)
 - Interim [WSC](#)

Roll Call:

As reported on the [sign-in form](#) (so please be sure that you are signing in with complete information; this is especially important for GSRs/Alt GSRs so that your group maintains their active status and can vote):

Jennifer S	ASC Treasurer
Lisa G	GSR Alt for High Hopes, Area Office rep
Corey G	Area Vice Chair
Michael M	GSR Spiritual Not Religious

Jennie S	H&I Chair
Tina M	GSR of We Came To Believe and Fundraising Chair of Coacna 31
Dani T	GSR for The Meeting Up North
Maegan F.	GSR Aging in Recovery
Helena D	GSR I can't we can
Tenelle Mc	Treasurer of Hope of McNaughten
K.G.	AGSR The Meeting UP North
Katherine M	Public Relations Chair
Vicky J	
Lakisa D	GSR in training
Lis R	
Tiesha B	

Also present were: Bryant (Together We Can), Charlie S (Meshugeneh), James G, Harold P (Saturday Night Live), Keith L (Good Morning Group), Ben L, Fred P (Heart 2 Heart), Janet (One Day At a Time), Megan P (Never Alone Never Again), Deborah (Gay, Joyous, and Free), Cheryl H (Hope is Found Here), Heidi S, Donetta, Gregory H (Guiding Principles)

There were a total of 30 individuals in attendance, and 19 groups represented. Please remember to use the [sign-in form](#) to mark your attendance at the meeting, including the group you represent (for GSRs). To vote, a group needs to have had a GSR present at two of the last three Area Service Committee meetings.

Minutes approved:

November minutes approved

New Group Recognition:

- New Group recognition: NONE

New Group Service Representative(s):

- New GSR recognition: NONE

Complete financial assessment from Treasurer:

November 2025 Treasurer's Report - Please take one

Last Month's Subtotal		\$5,278.83
Donations	Group Donations	\$846.27
Money Paid	ORSCNA	\$169.25
	Ohio Mutual Insurance Group	\$416.00

	Office internet & phone	\$116.94
	Office Rent Jan	\$300
	PayPal Fees	\$11.21
	PR zoom bill	\$159.90
	Addithon	\$825.00
	H&I T-shirts ck#1360	\$428.54
Subtotal		\$3,698.26
	H&I money old balance \$1094.55	
Less	H&I new balance	\$666.01
	Prudent Reserve	\$1,200.00
Available Balance		\$1,832.25

Bank Balance on Dec 12th		\$5023.45
Outstanding Checks	ORSCNA ck#1351	\$177.00
	ORSCNA ck#1353	\$139.40
	ORSCNA ck#1356	\$239.54
	ORSCNA ck#1363	\$169.25
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Area

Donations and You

Donations to the area directly benefit groups and individual addicts.
Here are some of the ways the area spends donations that benefit us all.

- i. Pays the office rent. At the office you can quickly buy supplies your group needs like key tags and books.
- ii. Pays for the phone line. The phone line is manned 24/7 for addicts in need to reach another addict at any time of day or night.

- iii. Pays for the website. The website has the listing of meeting times and locations, office hours and price lists, event flyers, subcommittee information, and tons of other information
- iv. Pays to help put on special events like Unity Day, The Addithon, New Years Eve event, and others.
- v. Supports subcommittees. For example Outreach which in turn supports struggling meetings. Or PR which has a presence at public events like Pride and Juneteeth.
- vi. Pays for insurance for all meetings and events. Some venues require this insurance for us to meet there. You might not have a meeting space without this.
- vii. Supports the region which in turn supports NA world. World supplies literature that you read everyday, from the Basic Text to the latest publication, Spiritual Principle a Day.

When you donate to the area, you are not giving the money away. You are combining the money with other groups to do together what we can't do alone.

At your next business meeting, don't ask, "Do we want to donate to area this month?" Say, "How much will we donate to area this month?"

Small amounts add up over time. Consistency is more effective than grand efforts that are rarely done.

I understand that some meetings are struggling. But there are meetings that can afford to donate but choose not to.

3 ways to donate:

1. Check or money order brought to the office. Made out to COASCNA
2. Check or money order brought to area meeting. Made out to COASCNA
3. PayPal to coascna.treasurer@gmail.com. Put which meeting it's from in the notes

Unfinished Business:

- NONE

Agenda Business:

- Budgets and Check Requests:
 - o NONE
- Elections:
 - o Cheryl H as COACNA 32 Chair PASS (15:0:0)
- Motions
 - o 2025:08 (to add a process for removing a meeting from the Area website and meeting lists) PASS 12 yes: 2 no: 2 abstain
 - o 2025:09 (to revise the process for adding a meeting to the Area website and meeting lists) PASS12 yes: 0 no: 1 abstain

Group Reports:

The meeting information is on the [COANA](#) website. Due to the limitations of our meeting space and policy stating that only prepared reports be included in the minutes, oral reports will not be included here. GSRs can submit written reports ahead of time ASC at [this link](#).

The Meeting Up North	Our group averages about 8 people and we are doing well.
Good morning group	We are switching to 4 days a week. We will no longer be meeting on Wednesday starting the first week of January. We have a \$20 donation.

Please email any questions about the accuracy of meeting information or revisions needed due to closing or changes to a meeting to PR at coascna@gmail.com.

Administrative Reports:

Chair Report: (James G)

December Chairpersons Report

Good afternoon everyone Thank you for being here on this cold winter December day.

Our next ASC meeting will be January 18 at 2 pm

A reminder that our area convention is next month, hope to see everyone there.

At the time of me writing this brief report our bank balance is \$1832.39

Hope everyone has a very Merry Christmas

In loving service James G

Vice Chair (Corey G)

Hello and thank you all for being here! I hope you've had a phenomenal December so far. Also, thank you for your understanding and flexibility for meeting today instead of our typical third Sunday.

I look forward to the upcoming holidays and the upcoming Addithon, along with other events. I suggest that we encourage NA members to attend ASC to take advantage of service opportunities, and to gain insight about our area. With more service comes more unity and a wider spread message of NA.

Again, thank you for showing up today and being here for our area and Narcotics Anonymous.

Treasurer: (Jennifer S)

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Secretary: (Lis R)

Hey, y'all!

Just as a quick reminder, all forms are available on the Forms Library, which can be found [at this link](#). That means that you can submit any reports, sign in, or nominate folks to empty positions at any time, including from the comfort of your own recliner. The Forms Library also has links to all of the [tutorial videos](#) in case you need some help and are too shy to reach out to Lis R at 419-231-2204 and ask for a one-on-one chat.

Regional Committee Member: (OPEN)

NONE

Regional Committee Member Alternate (OPEN)

NONE

Subcommittee Reports:

Convention Committee: (Ben L)

Convention Treasurer: ()

Area Service Office (OPEN):

Area Service Office (ASO) for December 2025:

Good afternoon family. We have been selling literature, answering the phoneline, connecting members to groups and resources, and providing other services to members and groups in our area. Our subcommittee meets the first Sunday of each month at 4PM via Google Meet; login details are at nacentralohio.org. Area service office hours and literature costs are also available on the website. We also continue to gather pending/wait list phone line and office volunteers. This allows us to quickly fill gaps when members complete or step away from their current volunteer shifts. Please contact Lisa G. at 614.209.3327 if interested.

The ASO sub-committee reports:

- We have finalized the impact from the WSO price increase that will take effect Jan 1. Current and new price sheets are posted in the office and should be posted online soon.
- The office will be closed Wed through Sat, December 24-27, and Wed-Sat Dec 31-Jan 1 for the holidays. We have also identified all dates the office will be closed for 2026 and have posted that in the office and will have posted on the web site soon.
- We are identifying and will send December holiday meeting closures to the web master.
- ASO sub-committee members will participate in the Feb 7 Outreach Service Learning day.
- The new cabinets are in and office volunteers are grateful!!
- We still have efforts underway to contact effected regions to inquire if they want any of their area's items we have in the blue-lid bin. One area sent us an Ohio Convention registration flyer for the first OCNA! Jarrod will send the flyer to ORSCNA.
- We've received no new letters for WSR.

Here are some updated statistics and treasurer reporting for December report (November stats):

- Starting Balance: \$3,154.04
- Literature sales: \$1,808.61
- Actual amount received: \$1,808.41
- Additional receipts: \$0.00
- Expenses: \$2,143.61
- Discrepancy between sale amount and amount received: [there are sometimes differences between order total and money order amount]: -\$0.20
- Square processing fees: \$45.39
- Number of sales: 38
- Treasurer workbook ending balance: \$2,818.84 [accounts for all pending deposits and checks]
- Month ending bank account balance: \$2,445.05 (from bank statement)
- Inventory: \$7,270.22 (from inventory document)
- Number of phone calls: 237 (from Breezeline call log)

If you need to reach **our service office** with any issues you may experience, please email us at cbusofficeofna@gmail.com. If you have an update to group information, please email coascna@gmail.com to have the website and downloadable PDF updated.

The following treasurer documents have been provided to our area service committee secretary:

1. November 2025 Huntington Bank Statement
2. Service Office Treasurer Workbook
3. Service Office Account Log

In loving service,
The Area Service Office Sub-Committee

Hospital and Institution (Jennie S):

December 2025 H&I Subcommittee ASC Report

Good Afternoon,

This December, we have been busy! We are gearing up to have a presence at the convention in January, an open house in February and our annual pancake breakfast/jailbreak fundraiser on April 18, 2026!

If you would like to purchase one of our custom H&I TShirts, please see me or Klaudia S. Shirts are \$12 and available in sizes Small to XL.

The subcommittee has voted to discontinue holding meetings at Whitelight and Heartland High School. This was decided on after careful consideration. Most often, there was very low attendance by clients/students. Both facilities will be given notice this week with literature and additional resources.

H&I would also like to thank our area PR subcommittee for helping us draft information we will provide going forward to facilities in which we are unable to accommodate (such as psychiatric facilities or treatment centers in which clients/patients can attend outside meetings). These resources will include NA education (who we are) as well as literature and meeting schedules.

We're also happy to announce we've begun a commitment at ReCreate. This treatment center is located in Gahanna Ohio and is the former site of Parkside. The staff welcomed our subcommittee with signs and encouraged their clients to attend. We are still looking for members interested in helping us carry this meeting every Thursday at 6:30PM.

Finally, we are still in a great need for volunteers. Anyone with over six months of clean time is welcome to participate. Those with 90 days or more may also be of service on our panels. H&I is an incredible way to give back to this fellowship what has so freely been given to us all. Oftentimes, H&I is the first place an addict hears our message. Please feel free to attend our next subcommittee meeting on January 4th at 2PM in the Parsons Ave branch of the columbus library, contact me or Klaudia S, directly or stop by our table at this year's convention.

As always, thank you for allowing me to be of service for this amazing subcommittee.

Respectfully,
Jennie S.

Newsletter (Brooke S):

Good afternoon family!

Sorry for my absence. The next issue will be out January 1st! We hope you enjoy the new puzzle. We still have 38 subscribers. There are currently 3 people on the newsletter subcommittee. With other members actively helping out as well. Please announce at your homegroups about joining the committee and or subscribing to the newsletter by reaching out to me or emailing coascannewsletter614@gmail.com. If you are planning events please let us know and we can add

them to our event section. We are going to have a flyer on the PR table at COACNA 31 where people can scan a QR code to subscribe. We look forward to getting more subscribers and want to extend a thank you to the PR team for helping us get the word out. Please remember to check your spam folder for the newsletter as sending so many at once Google will automatically direct it to that folder sometimes. We are also looking into a free program to automatically send out the emails on the 1st day of the each quarter. We are excited about these developments and will keep you posted. Thank you.

Love

Brooke S.

Outreach (Donetta):

Public Relations (Katherine M):

COASCNA Public Relations Subcommittee Report - December 2025

Date: 12/14/2025

Chair: Katherine M

Last Subcommittee Meeting: 12/7/2025

Next Meeting: 1/4/26, 1 pm Parsons Library

Website Statistics:

xv. 5,411 views

xvi. 2,158 visitors

Check Requests: NONE

- Updates:
 - i. PSA Fundraising/Gratitude Party. We reached our goal for the PSAs and are awaiting next steps from UrbanOne. They haven't been as responsive in the last month or so. We are moving our gratitude party to March since there are 2 other service events happening in February. This will give us extra time to make sure the website is ready to launch at the party.
 - ii. PR will be having a table at the convention this year. Friday evening from 4-6pm and Saturday 9am-11am and 2-5. Look forward to seeing you there!
 - iii. PR has created a packet of information on NA for H&I to give to behavioral health providers and who are asking for NA's presence in the case we are unable to bring a meeting into that facility. There is a cover letter and information sheet about NA as well as a list of literature that is appropriate to provide treatment centers and/or psychiatric facilities. The packet was turned over to H&I and is available can be made available for anybody wanting to view it.
 - iv. PR will be having a table at the outreach learning day in February. Excited to attend this event which is a great idea to spark interest about service in our area!
- October/November Highlights:
 - Per usual, no OSU Med School presentation or the month of December. Will have panel in January with a new interested member of PR planning to attend to observe
- Upcoming events:
 - Gratitude Party and website launch: As long as everything goes as planned with finishing the website with the developer we will be having our Gratitude Party on March 21st. We will have a flier coming shortly(likely January) with more information about what time and where.
- Reoccurring commitments:
 - ODRC Leadership Call (attended by PR and H&I).

- Virtual Prison Meeting Pilot coordinated w/ ODRC 1st and 3rd Tuesdays).
- Updates on PR Ad Hoc Committees:
 - Website Improvement Ad Hoc
 - Committee did not meet in December but much about the website was discussed length at our PR committee meeting since our webmaster was in attendance.
 - We are finishing the resource pages and will turn over to website developer before the holiday.
 - Treatment Center Relations Ad Hoc -
 - Wendy and Megan met with an NA member who is interested in working on this Ad Hoc committee, Alan S. He seems like he will be a great fit as he has worked in treatment for years and knows the interworking and issues presented when working with treatment centers in Columbus area.

Thank you for allowing me to be of service.

Writing Steps for Recovery (OPEN):

NONE

Ad-hoc Reports:

Ad hoc:

Addithon (Jeanne):

New Year's Eve (OPEN):

NONE

Unity Day (OUTREACH):

NONE

Archives (Mark R):

Good afternoon family,

It has again been a tough month for me dealing with my mom and stepdad. I was down in Florida for almost 5 weeks. I have been back since 12/2, but have been trying to catch up with other stuff as well. I have only made a little progress with the archives since last month – getting about 6 months scanned in. I continue to be committed to this project and I hope that you understand.

Thank you for the opportunity to serve COASCNA.

In loving service,

Mark R., Archives Ad-Hoc

Audits:

NONE

OCNA FUNDRAISER (Laura P):

NONE

Nominations to Fill Open ASC Positions:

Current Open Positions:

Responsibilities described in the [area policy manual](#)

- Vice Secretary
- Vice Treasurer
- RCM
- RCM Alt

Subcommittee Chairs:

- Office
- WSR

Nominations to Fill Open RSC Positions:

Current Open Positions:

-

Sharing Session:

- NOTE: The Sharing Session is, by its nature, spontaneous and organic, with no previously prepared reports or materials (and policy states that "In order to be included in the minutes, reports must be neatly written or typed and submitted to the secretary via email or at the ASC meeting. 1. Forms will be provided by the Secretary each month for reports." Actions stemming from the Sharing Session are a part of Unplanned Business. If you know prior to the ASC meeting that you would like to request the body take a particular action, you can submit an item for inclusion in the agenda by completing the [Agenda Item Request](#) form. That and all other commonly used forms can be found on the [Forms Library](#).

Unplanned Business:

- NONE

Pre-Agenda Business:

NONE

Adjournment:

Chair Adjourned the meeting with a moment of silence followed by the serenity prayer

Next ASC meeting: **January 18th @ 2pm EST**

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	James G	614-204-3432	Jtlgreen@yahoo.com
Vice-Chairperson	Corey G	614-390-0394	coreymgreen4@gmail.com
Secretary	Lis R.	419-231-2204	COASCNASec@gmail.com
Vice-Secretary	***OPEN***		
Treasurer	Jennifer S	614-458-8130	coascna.treasurer@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	***OPEN***		
Regional Committee Member Alternate	***OPEN***		
Subcommittee Chairpersons			
Area Office Chairperson	***OPEN***		
COACNA 31 Chairperson	Ben L	614-580-5128	blaceytape@aol.com
Hospitals & Institutions Chairperson	Jennie S	6144007975	jenniesheaf@yahoo.com
Newsletter Chairperson	Brooke S	614-284-1856	coascnanewsletter614@gmail.com
Outreach Chairperson	Donnetta W	614-425-4555	Dwilliams1246@gmail
Public Relations Chairperson	Katherine M	(614) 558-3784	katherine_meara@yahoo.com
Writing Steps in Recovery Chairperson	***OPEN***		
Archives	Mark R	614-270-1274	coascnaarchives@gmail.com

COASCNA Activities Calendar for 2025